



Back Bay Gourmet
Christmas Menus
2014



Red Mill Walk Shopping Center
2277 Upton Drive, Suite 714, Virginia Beach, VA
23454
757.689.0771
www.thebackbaygourmet.com



Christmas Dinner Suggested Menu

(items serve 4-6 guests)

Johnson County Spiral Sliced Cooked Honey Ham

7.5 lb average. Just heat & serve with our
housemade Brandy Marmalade Glaze \$8.99/lb

Scalloped Potatoes

sliced potatoes layered with cream, cheese, butter
& seasonings \$11

Corn Pudding

a corn casserole made with sweet corn, butter,
eggs & sugar \$11

Haricot Verts

long, thin French green beans tossed with butter,
sliced almonds and seasoning. \$7.50

Fresh-baked Dinner Rolls \$8

Dessert

Red Velvet Cake or
Burnt Almond Cake with Rum \$10

*Supplies are limited.
Order deadline December 20*

Appetizers

Roasted Red Pepper with Smoked Gouda Soup

1 quart (serves 4). Heat on stovetop. \$16

Lobster Bisque

1 quart (serves 4). Heat on stovetop. \$17

Baked Brie (8oz)

Apricot Almond, Pecan Praline, Raspberry
Walnut or Cranberry Pecan.

Bake in Oven. \$15

Hot Crab Dip

3 cups. Bake in oven. \$22

Buffalo Chicken Dip

3 cups. Bake in oven. \$15

Hot Artichoke Dip

3 cups. Bake in oven. \$12

Spinach Dip

3 cups. Serve chilled. \$12

Blue Biscuit Bites

36 pieces. Bake in oven. \$9

Mini Quiche

Broccoli, Ham & Cheddar; Bacon & Swiss; or
Vegetable.

30 pieces. Bake in oven. \$20

Cranberry Barbeque Meatballs

Approx 80 meatballs. Stovetop or crockpot. \$20

Mini Crab Cakes with Remoulade Sauce

2 dozen, 1 ounce crab cakes. Bake in oven. \$36



Catering Platters

PLEASE ORDER AT LEAST 72 HOURS IN ADVANCE

PARTY PLATTERS

Gourmet Biscuit Sampler

Sweet Potato Biscuits with Applewood Smoked Ham & Chipotle Honey Mustard; Herb de Provence Biscuits with Smoked Turkey & Cranberry Orange Aioli; Sweet Potato Biscuits with Honey Ham & Wholegrain Mustard

Small (30) \$28 | Medium (60) \$53 | Large (100) \$87

Edwards' Ham Biscuit Platter

Our signature petite Sweet Potato Biscuits served with Edwards' Ham and whole grain mustard.

Small (30) \$24 | Medium (60) \$47 | Large (100) \$77

Gougères

A traditional French aperitif, gougères are wonderfully airy, Gruyere-flavored pastries. Filled with your choice of our signature Chicken Salad or Shrimp Salad.

Chicken: \$38 serves 10-15 | \$70 serves 15-20 | \$115 serves 25-30

Shrimp: \$45 serves 10-15 | \$85 serves 15-20 | \$130 serves 25-30

Mixed Canapes

A trio of crostini topped with Basil-Pesto Cheese Spread & Sundried Tomatoes; Feta Cheese, Peppers & Olives; Prosciutto & Marscapone

\$29.95 serves 10-15 | \$49.95 serves 15-20 | \$72.95 serves 25-30

Mediterranean Platter

A trio of housemade spreads: Romesco, Curry Hummus and Pistachio & Goat Cheese. Served with toasted lavash chips.

\$34.99 serves 10-15 | \$49.99 serves 15-20 | \$54.99 serves 25-30

Antipasto Platter

Prosciutto, Salami, Mozzarella & Manchego cheeses, Olives, Artichoke Hearts, Pepperoncini Peppers & Roasted Red Peppers, beautifully arranged on a bed of greens.

\$39.99 serves 10-15 | \$59.99 serves 15-20 | \$79.99 serves 25-30

Mozzarella and Tomato Brochettes

Fresh house-made mozzarella skewered with grape tomatoes and fresh basil. Drizzled with balsamic reduction.

Small (20) \$30 | Medium (40) \$60 | Large (60) \$90

English Cucumber Cups

Cucumbers filled with smoked salmon and dill-caper cream cheese. Topped with finely chopped egg.

Small (20) \$36 | Medium (40) \$72 | Large (60) \$108

Prosciutto-wrapped Mozzarella & Melon

Prosciutto di Parma wrapped around house-made mozzarella, cantaloupe and honeydew. Accompanied by skewers of caramelized fresh figs.

Small (20) \$45 | Medium (40) \$90 | Large (60) \$135

Chicken Satay

Skewers of soy marinated chicken. Ready for you to bake or grill. Serve with peanut sauce (included).

Small (20) \$18 | Medium (40) \$36 | Large (60) \$54

London Broil Crostini

Small slices of grilled French bread topped with horseradish cream sauce, thinly sliced London Broil & green onion. Drizzled with balsamic reduction.

Small (20) \$35 | Medium (40) \$70 | Large (60) \$105

Stuffed Endive

Endive spears filled with shrimp salad and topped with basil pistachio gremolata.

Small (20) \$48 | Medium (40) \$96 | Large (60) \$144

Fresh Guacamole and Salsa Fresca

Housemade guacamole & salsa (one pint each) accompanied with authentic Mexican tortilla chips.

\$24

Gourmet Sandwich Platter

A selection of our favorite gourmet sandwiches, appetizer size. Choose 3 from the following: Alpine, Back Bay, Country BLT, Signature Club, Working Man's Roast Beef, Egg Salad, Chicken Salad

\$58 (15) | \$87 (20) | \$115 (25)





Deli Tray (Using Boar's Head Deli Meats)

Applewood Smoked Ham, Seasoned Rare Roast Beef, Smoked Turkey with a selection of sliced cheese (Swiss, Cheddar, Muenster).

\$45.99 serves 10-15 | \$64.50 serves 15-20 | \$85.99 serves 25-30

Bread Tray

To accompany your deli tray, our fresh-baked Parkerhouse rolls and signature mini sweet potato biscuits.

\$15 serves 10-15 | \$20 serves 15-20 | \$25 serves 25-30

Salad Platter

Three of our housemade salads (Creamy Egg Salad, Chicken Salad & Tuna Salad) served with your choice of assorted crackers or pita wedges.

\$39.99 serves 10-15 | \$59.99 serves 15-20 | \$72.99 serves 25-30

Chilled Shrimp Platter

Large shrimp poached in a ginger wine broth & served with a spicy tomato & herb dipping sauce.

\$50 serves 10-15 | \$75 serves 15-20 | \$100 serves 25-30

Truffled Deviled Eggs

An elegant twist on a Southern favorite.

2 dozen for \$25

Fresh Vegetable Tray

Fresh seasonal vegetables artistically arranged with our housemade basil pesto dip.

\$34.99 serves 10-15 | \$44.99 serves 15-20 | \$54.99 serves 25-30

CHEESE AND FRUIT

Gourmet Cheese & Spreads Platter

A gourmet cheese ball rolled in cranberries & glazed walnuts; our amazing Pistachio & Goat Cheese Spread; and our savory Romesco Spread (made with roasted red peppers & almonds). Served with housemade pita chips & oven-baked crisps.

\$34.99 serves 10-15 | \$49.99 serves 15-20 | \$54.99 serves 25-30

Cubed Cheese Platter

Cheddar, Swiss, Pepperjack and Smoked Gouda displayed on a tray with grapes & strawberries.
\$39.99 serves 10-15 | \$59.99 serves 15-20 | \$78 serves 25-30

Fruit Platter

Seasonal sliced fruits & berries in a beautiful arrangement. Served with your choice of our raspberry or strawberry fruit dip.
\$49.99 serves 10-15 | \$69.99 serves 15-20 | \$95.99 serves 25-30

Oven-Ready Brie en Croute (take & bake)

Wheel of brie spread with brown sugar and your choice of:

- Chopped Pecans
- Apricot Chutney & Almonds
- Raspberry & Walnuts
- Dried Cranberries & Pecans

We can top your brie with a personal message or decoration made with puff pastry. Ask our staff for details. Serves 20-30 \$39.99 - 1 kilo



DESSERTS

Dessert Sampler

An array of some of our most popular desserts:

- Brownies
- Hello Dolly Bars
- Palmiers
- Raspberry Streusel Bars

\$39.99 serves 10-15 | \$59.95 serves 15-20 | \$79.95 serves 25-30

Gourmet Cookie Tray

An assortment of 3 dozen cookies:

- White Chocolate Macadamia Nut
- Chocolate Royale
- Lemon Cooler
- Chocolate Chunk \$39.99

Sweet Bread Tray

A beautiful assortment of our housemade sweet breads. Includes Banana Nut, Cranberry Orange Pecan and Pumpkin Breads.

\$25.99 serves 10-15 | \$39.99 serves 15-20 | \$52.99 serves 25-30



BREAKFAST ITEMS

(take & bake)

Baked Praline French Toast

A French Toast casserole with cinnamon-sugar custard & chopped pecans. Serves 2-3. \$16

Blueberry Cream Cheese French Toast Bake

Blueberries, cream cheese & maple bake together in this French Toast casserole. Served with a warm, sweet blueberry sauce. Serves 2-3. \$16

Canadian Bacon Strata

Sourdough bread layered with eggs, cheddar cheese & sliced Canadian bacon. Serves 2-3. \$16

Crustless Vegetable Quiche

Eggs & cheese bake and puff around slices of zucchini, broccoli, carrots & peppers. \$16

Quiche

Broccoli, Ham & Cheddar; Bacon & Swiss; or Vegetable.

Baked in our kitchen. \$15

Monkey Bread

Yeast bread covered in melted butter, cinnamon, and sugar. Let it grow overnight & bake in the morning!

\$10

Scones

Blueberry, Brown Sugar, White Chocolate Raspberry & Chocolate Chunk \$10.75 for 8

Pastries

ALL SCRATCH-MADE IN OUR BAKERY!



A SAMPLING OF WHAT IS AVAILABLE IN DECEMBER:

Gingerbread Bundt Cakes

\$8 for 3 mini cakes

Christmas-themed Cupcakes

\$2.75 each

\$3.25 (with extra decoration or alcohol)

Sweet Breads

cranberry orange pecan, pumpkin, apple spice \$9

Mini Sweet Breads \$3.50

Gingersnaps \$3.00/bag

Decorated Christmas Cookies

Small: \$2.00

Large: \$2.50

Peppermint Whoopie Pies \$2.75

Gift Boxed Christmas Cookies

\$15 for 1 lb box

\$22 for 1.5 lb box

Red Velvet Cake with Cream Cheese Frosting (8")

\$40

Burnt Almond Cake (8") \$40

Chocolate Pecan Pie with Bourbon \$16

Vintage Baking.
Sweet & Simple.

Holiday Wines

WINE PRICES ARE FOR OFF-PREMISES
CONSUMPTION



Newton Chardonnay
Napa, 2012 \$36

Duckhorn Migration Chardonnay
California, 2012 \$36

Wolfberger Pinot Gris
France, 2012 \$20

Butternut Pinot Noir
California, 2012 \$17

Rioja Gran Familia
Spain \$17

St. Hallett Faith Shiraz
Australia, 2012 \$20

Old Ghost Zinfandel
California, 2012 \$55

Stag's Leap Artemis Cabernet Sauvignon
California, 2011 \$55

Veve Cliquot Yellow Label Brut
France \$60

Graham Beck Brut
South Africa \$20



We have more than 100 wines for you to choose from!